



## OLD TOWN

Whereas, sarcoidosis is a potentially debilitating and deadly rare, multi-organ, inflammatory disease, estimated to affect 175,000 people in the United States with no known cause, cure, or reliable treatments to slow or halt the progression of chronic cases;

Whereas, the signs and symptoms of sarcoidosis vary widely depending on the person and organs affected and can include debilitating fatigue; shortness of breath; difficulties with balance and coordination; irregular heartbeat; visual problems, including blindness; pain affecting joints and muscles; weakness or numbness of limbs; skin rash and discoloration; mood disorders such as depression and anxiety; organ failure; and sleep difficulties;

Whereas, Sarcoidosis can affect people of any age, race, or gender, but is most common among adults between the ages of 30 and 50 and 3 times higher in African Americans than in whites;

Whereas, sarcoidosis is a diagnosis of exclusion as there is no objective test or biomarker; numerous diagnostic tests and ongoing clinical observation and/or management, which creates a high economic burden for this disease, including a significant financial burden to patients and family members;

Whereas, volunteers, researchers, caregivers, and medical professionals are working to improve the quality of life and prognosis of persons living with sarcoidosis and their families and more research is needed to find more effective treatments and improve care for those living with the disease today;

Now, therefore, I, Council President Linda McLeod, do hereby proclaim April as Sarcoidosis Awareness Month.

In Witness Whereof, I have hereunto set my hand and caused the Great Seal of The City of Old Town to be affixed. Proclaimed at City Hall on this 3<sup>rd</sup> day of April in the Year of Our Lord two thousand twenty-three.

  
Linda McLeod

City of Old Town Council President

