

**Suggested Hashtags**

**General Campaign:** #IgnoreNoMore #Sarcoidosis #StopSarcoidosis #ChronicIllness #ChronicIllnessSupport #SarcoidosisWarrior #sarcwarrior #BlackHealth #BlackWomensHealth #WomensHealth #raredisease #SpoonieLife #HealthDisparaties #AskEngageConnect

**Black History Month:** #BlackHistoryMonth #BlackGirlMagic #BlackWomenLead #MadeInColor #ListenToBlackWomen #BlackHealthMatters #BlackIsBeautiful

**Heart Month: #**HeartMonth #CardiacSarcoidosis #GoRedForWomen #WearRedDay #HeartHealth #HeartHealthMonth

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| **FEBRUARY** | **WEEK 3** |
| **Date** | **Image** | **Copy** |
| **Monday, 2/14** | Diagram  Description automatically generated | Healthcare providers can help improve health disparities among African American women through understanding, education, and advocacy. Learn more: <https://bit.ly/3rYsdue> #IgnoreNoMore #blackhealthmatters #raredisease #healthequity #medtwitter |
| **Friday, 2/18** | Diagram  Description automatically generated | Your zip code is the biggest determinant of your health outcomes. I am proud to serve as an advocate for @stopsarcoidosis to raise awareness of health disparities. Learn more: Link to campaign #IgnoreNoMore #SocialDeterminantsofHealth #DEI #sarcoidosis |