

# Workplace Support for Clinical Trials

Clinical trials are essential for advancing medical treatments and improving care, especially for patients who have limited options. Patient participation helps ensure that new therapies are safe, effective, and work for people from diverse backgrounds.

## How Clinical Trials Can Benefit You



**Closer medical oversight.**  
Patients are monitored regularly by specialists and staff, often more frequently than in standard care.



**Regular health monitoring.**  
Frequent labs, imaging, or evaluations may help identify health concerns earlier.



**Access to new therapies.**  
Participation may provide early access to treatments not yet available outside the trial.



**Support services.**  
Some trials provide travel assistance, stipends, or patient navigation, to ease the burden of participation.

## Did you know FMLA now covers clinical trial participation?

Employees can now use FMLA benefits for clinical trial participation. This important protection helps patients participate in clinical trials without fear of losing their job. Learn more about the advocacy efforts leading to this milestone at [www.stopsarcoidosis.org/FMLA](http://www.stopsarcoidosis.org/FMLA).

### WHAT IS FMLA?

The Family and Medical Leave Act (FMLA) is a federal law that gives eligible employees up to 12 weeks of unpaid, job-protected leave each year for certain medical and family reasons.

### FMLA benefits:



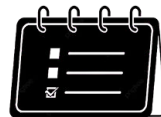
- Extend to participant and family caregiver of participant



- Ensures employers continue the employee's group health insurance coverage



- Can be used without risking:
  - Job assignments
  - Promotions
  - Training opportunities



- Can be taken all at once or in smaller blocks of time, such as for individual medical appointments.

## Take Action:

**Consider joining a clinical trial!**

Ask your doctor if a clinical trial is right for you.

For forms, resources and more information, visit [www.stopsarcoidosis.org/FMLA](http://www.stopsarcoidosis.org/FMLA)



**FSR**

Foundation for  
Sarcoidosis Research