



FSR Regional Sarcoidosis Summit 2026-Tentative Agenda **Education, Connection, and Community: A Sarcoidosis Patient Event**

September 26, 2026

9:30am-4pm, EST

Sheraton Philadelphia Downtown-Philadelphia, PA

Register [here](#) by September 15 to claim your spot

Join us for a full day event bringing together people living with sarcoidosis, their care partners, and healthcare professionals to learn, connect, and advance sarcoidosis care. **This is a complimentary event** during which patients and care partners will connect and learn from leading experts on topics including a sarcoidosis overview, fatigue and pain, medications and treatments, organ specific involvement, and an opportunity to ask the sarcoidosis experts questions about your disease experience.

Agenda

9:30am-10:00am

Registration/ Exhibit Hall/ Networking

Check out our resource tables and exhibitors as you meet other patients with sarcoidosis

10:00am-10:20am

Welcome and Opening Address

Speaker: Mary McGowan, President and CEO, FSR

Hear from FSR's President and CEO as she reflects on 25+ years of FSR-led progress, celebrate milestones achieved through community and collaboration, and unveil exciting initiatives that are shaping the future of sarcoidosis research, care, and advocacy. This is the moment to come together, honor how far we've come, and look ahead—united—for what's next.

10:20am-11:00am

Keynote Panel: Reflections on Progress and Hope

Speakers: Rohit Gupta MD, pulmonologist, Temple Health

Behram Khan MD, pulmonologist, Jefferson Health

Mary McGowan MHRM, President and CEO, FSR

Rafael Perez MD, pulmonologist, Jefferson Health

Misha Rosenbach MD, dermatologist, Penn Medicine

Be inspired by how collective expertise and cross-organizational partnerships are driving progress in research, clinical care, and legislative change to improve the lives and to create a better future for those impacted by sarcoidosis.

- 11:00am-11:45am** **Medications and Treatments for Sarcoidosis**
Speaker: Genna Braverman, MD, rheumatologist, Hospital for Special Surgery
Learn more about common treatments, evolving wisdom with regards to treatment protocols, and new and emerging therapies for treating sarcoidosis.
- 11:45am-12:30pm** **Fatigue, Pain and Exercise**
Speaker: Rohini Samudralwar, MD, neurologist, Penn Medicine
Second speaker on pain TBD
Learn how to manage fatigue and pain while maintaining an exercise regimen and develop strategies for a healthier you, despite living with sarcoidosis.
- 12:30pm-1:30pm** **Lunch for patients and providers**
Enjoy a complimentary lunch with time to connect with others living with sarcoidosis and other care partners. Participate in a unique roundtable discussion with clinicians from across to region learning from their experiences and sharing your story to help improve clinical care and patient outcomes.
- 1:40pm-2:10pm** **Research: The Path to Brighter Future**
Speakers: Misha Rosenbach, MD, dermatologist, Penn Medicine
Learn about the ways that your voice and experiences are driving real and meaningful change in sarcoidosis research, hear about research that is underway, and how you can get involved.
- 2:10pm-2:55pm** **Ask the Experts Panel**
Speakers: Colin Ligon MD, rheumatologist, Penn Medicine
Kathryn Flack, MD, pulmonologist, Penn Medicine
Barney Stern, MD, neurologist, Johns Hopkins
Dermatologist TBD
Join this incredibly popular session, where you get to ask your questions about sarcoidosis, symptoms, treatments, and battling different manifestations of sarcoidosis. Panelists will include sarcoidosis experts in pulmonology, cardiology, dermatology, neurology, and rheumatology.
- 2:55pm-3:10pm** **Networking Break**

3:10pm-3:50pm

Affinity Groups

Rotate to small group discussions covering different manifestations of sarcoidosis, dealing with symptoms of sarcoidosis such as fatigue, and managing sarcoidosis as a newly diagnosed patient to learn from the wisdom of your fellow sarcoidosis warriors- special groups will also be available for care partners to connect and discuss caring for loved ones that have been diagnosed with sarcoidosis.

3:50pm-4:00pm

Wrap Up and Closing Remarks

Thank you to our sponsors for making this event possible:

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