



FOUNDATION FOR  
SARCOIDOSIS RESEARCH

## November Virtual Patient Education Summit Agenda

Saturday, November 14, 2020 – All times are in Central Standard Time (CST)

8:00 AM	Entering:	<b>Welcome!</b> <i>FSR Founders Andrea and Reading Wilson</i>
8:00-8:50 AM	Auditorium A:	<b>Sarcoidosis Warrior Roundtable</b> <i>Moderated by John Carlin</i> <i>Jessica Reid</i> <i>Jim Kuhn</i> <i>Sabrina Sonnier</i>
9:00-9:50 AM	Auditorium A	<b><i>The Research Wheel: How you can help move research forward</i></b> <i>Tamara Al-Hakim</i> <i>Foundation for Sarcoidosis Research</i>
	Auditorium B	<b>Overwhelmed: How to cope with the emotional fallout of sarcoidosis</b> <i>Jessica Voigts, LCSW, OSW-C</i> <i>UIC Health</i> <i>Q&amp;A with Rebecca Block, MSW, PhD</i>
	Auditorium C	<b>Nutrition</b> <i>Tooba Durrani, ND, LAc, Herbalist</i> <i>Jade Accupuncture</i>
10:00-10:50 AM	Auditorium A	<b>COVID-19 Survey Results &amp; Update</b> <i>Robert Baughman, MD</i> <i>University of Cincinnati</i>
11:00 AM – 11:30 AM	BREAK	<b>Meet FSR's Chief Executive Officer, Mary McGowan!</b>



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11:00 AM- 11:30 AM		Check out the Exhibitor Hall to find our Wellness Booth, WASOG recognized Clinics, Merch, and Partners!
11:30-12:20 PM	Auditorium A	<b><i>Navigating Insurance</i></b> <i>Pat Jolley, RN</i> <i>Patient Advocate Foundation</i>
	Auditorium B	<b>Complimentary and alternative medicine therapies for sarcoidosis symptoms</b> <i>Jinny Tavee, MD</i> <i>Northwestern Medicine</i>
	Auditorium C	<b>Cardiac Sarcoidosis: Focus on Chronic Disease</b> <i>David Birnie, MD</i> <i>University of Ottawa Heart Institute</i>
12:20-1:00 PM	BREAK	Check out the Exhibitor Hall to find our Wellness Booth, WASOG recognized Clinics, Merch, and Partners!
1:00-1:50 PM	Auditorium A	<b>“You Don’t Look Sick”: How to manage relationships with family and friends</b> <i>Sandra Manley-Eichler, LCSW</i>
	Auditorium B	<b>Disability and ADA</b> <i>Pat Jolley, RN</i> <i>Patient Advocate Foundation</i>
2:00-2:50 PM	Auditorium A	<b>Pulmonary Sarcoidosis: Focus on Chronic Disease</b> <i>Divya Patel, DO</i> <i>University of Florida Health</i>



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	Auditorium B	<b>Sarcoidosis 101</b> <i>Nadera J. Sweiss, MD, FACR</i> <i>Bernie Mac Sarcoidosis Translational Advanced Research Center (STAR)</i>
	Auditorium C	<b>Understanding how to care for your emotional health</b> <i>Jessica Voigts, LCSW, OSW-C</i> <i>UIC Health</i> <i>Q&amp;A with Rebecca Block, MSW, PhD</i>
3:00-4:00 PM	BREAK	<b>Check out the Exhibitor Hall to find our Wellness Booth, WASOG recognized Clinics, Merch, and Partners!</b>
4:00-4:50 PM	Auditorium A	<b>Neuro Sarcoidosis: Focus on Chronic Disease</b> <i>Barney J. Stern, MD</i> <i>Johns Hopkins University</i>
	Auditorium B	<b>Monitoring: What you need to know</b> <i>Rahat Hussain, MD</i> <i>University of Texas Health</i>
	Auditorium C	<b>Accessing off-label drugs</b> <i>Pat Jolley, RN</i> <i>Patient Advocate Foundation</i>
5:00-5:15 PM	Auditorium A	<b>Closing</b> <i>Louise Perkins</i> <i>FSR Chair, Board of Directors</i>



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**EXHIBIT HALL**

All Day	FSR Wellness	<b>QiGong</b> <i>Tooba Durrani, ND, LAc, Herbalist</i>  <b>Mindfulness and Meditation</b> <i>Erika Ruber, LCSW</i>
11:00-11:30 AM	Lounge	<b>Meet FSR's first ever Chief Executive Officer, Mary McGowan</b>
11:30 AM – 12:00 PM	Lounge	<b>Meet Jim Kuhn</b>
12:30-1:00 PM	Lounge	<b>Meet Jessica Reid</b>
3:00-3:30 PM	Lounge	<b>Meet Sabrina Sonnier</b>
3:30-4:00 PM	Lounge	<b>Meet John Carlin</b>
All Day	Lounge & Boehringer Ingelheim Booth	<b>Boehringer Ingelheim Patient Mentor Video</b> <b>Boehringer Ingelheim Interstitial Lung Disease Video</b>
All Day	Lounge & Xentria Booth	<b>The Patient Voice in Rare Drug Development</b>

Sponsored by:



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