



**SARCOIDOSIS:**  
What is it?

[www.stopsarcoidosis.org](http://www.stopsarcoidosis.org)

Sarcoidosis (pronounced SAR-COY-DOE-SIS) is an inflammatory disease characterized by the formation of granulomas, tiny clumps of inflammatory cells, in one or more organs in the body. When the immune system goes into overdrive and too many of these clumps form, they can interfere with an organ's structure and function. This chronic inflammation can lead to fibrosis, or permanent scarring.

**Organs commonly affected:**

- Lungs
- Skin
- Eyes
- Heart
- Liver
- Kidneys
- Brain/nervous system

**Common symptoms include:**

- Fatigue
- Shortness of breath
- Swollen glands
- Eye irritation or blurred vision
- Headaches
- Rash or tender bumps on skin
- Joint pain

Disease presentation and severity varies widely among patients. Learn more about sarcoidosis symptoms, treatment options, and resources to help navigate the disease

at **[www.stopsarcoidosis.org](http://www.stopsarcoidosis.org)**.



FOUNDATION FOR  
SARCOIDOSIS RESEARCH